

Perhaps people who meditate often have a good strong universal connection, perhaps people who are calm and trust themselves have it as well?

So what is universal connection?

When I thought about writing another journal, I wondered how I could explain this....so I sat and waited.... and then heard the words "universal connection".

Personally I don't care what you call it as long as after reading this journal, you have an idea of what to look for.



So here goes.....I rang Emma my physic twin and asked her for some guidance, the reading started one clear thing "trust your intuition and do whatever you feel like doing".

Now how this fits so strong with me, is that when I'm unemployed, I tend to worry about where the next dollar is coming from to pay my mortgage. I feel that I should be out there hassling for work and income and, up until now I've always felt guilty if I've done absolutely nothing, watched a movie or just surfed the net, when I should be creating cash.

However after listening to what Emma said, I have trusted her and done whatever I feel like. I've slept in until someone calls the mobile and awakens me, I've been doing mosaics, writing journals, having dinner with friends, updating the website and getting the house renovated for the relationship recovery retreats.

I have been living in the NOW and enjoying it, I feel calm relaxed and at peace. I am being spontaneous and free. Everytime a fear of money or work enters my mind, I quietly acknowledge it and let it pass. I then take a deep breathe and say to myself "trust yourself and remain connected to the universe". I then immediately go and do what I want to.

Now this process has been so informing and educating. I am learning more about myself and discovering little things each day about myself.

Today, Dad rang me at 9.12am and said there are some doors at an auction, so I got out of bed, he came and picked me up and we went to the auction. It was cold, raining and some people were smoking - probably my 3 pet hates combined all at once, but I remember sitting outside in the rain on some wood and thinking "how cool is this, I could be a work but I'm not. Instead I'm sitting outside enjoying the elements and watching an auction". How lucky am I?

Then about 15mins after thinking that, I got a phone call and offered a contract role doing training, coaching, mentoring and supporting staff, which is exactly what I want NOW, the pay is great, it's a large company and it involves travelling to Melbourne.

Now most of you know I absolutely love Melbourne and normally do clairvoyant readings, mind clearings and coaching when I go there, so it's also a wonderful opportunity to offer my intuitive gifts as well.

Being officially unemployed (I call it working for the universe) is quiet refreshing, free and educational. Today I was offered 3 jobs in total and before saying yes to any of them, I checked in with my intuition. All in all, today I turned down 2 jobs and I did that before I was offered the contract I wanted. When I said no, I felt a little nervous but the universe rewarded me later with exactly what I wanted.

To me, **universal connection encompasses the following:**

- 🌀 being true with yourself
- 🌀 listening to the links
- 🌀 watching universal signs
- 🌀 exploring every opportunity
- 🌀 asking for the invisible to present itself
- 🌀 sharing your wants and dreams with others
- 🌀 following your intuition

and below are some examples;

### **being true with yourself**

example

when I was offered a temporary job this morning, something inside me said "no", even though the money would be helpful, I got a strong no and didn't feel ready to start work yet. So I said no and thank you. If I wasn't true to myself I would have accepted it.

### **listening to the links**

example 1

when I went for an interview for a job, the consultant discreetly indicated they wanted a male and they weren't sure a female could do the job, so I didn't waste any energy on that and let it go. However rather than give up, I used the opportunity to discuss my corporate talents and express what I was looking for. The consultant then linked me up with her colleague which led to the contract I accepted today. I could have quit on the first negative but I kept going and looking for the lead.

example 2

The other day I was guided to go to my favourite clothes shop. I remember thinking 'I don't need any clothes' however I went anyway, then when I hopped out the car, I asked spirit "what am I here for"? I then heard "you will run into someone from your previous job". Well I went into my shop and on the way out I bumped into a friend from my previous job. We spoke for about 30mins and I shared with her how good it feels to be free of the stress and negativity and how the culture tends to take away self confidence and belief in self. Those words struck a cord and she's now looking for a better place to work. The lead was to go to my favourite clothes shop, the purpose was to inspire and give my friend some confidence, it wasn't about the clothes at all, but they were the link!

## watching universal signs

example

whilst at my previous job there were so many signs telling me to leave and get out. I just ignored them because I was scared to leave with a mortgage, I lost my self confidence and didn't think I could get another job. However this past week the universe (thru ads & people) has showed me there are plenty of jobs out there and I have a strong resume. It didn't matter what I did at work towards the end, I was always at fault and it was extremely hurtful and emotionally damaging. Yet had I followed the signs and not followed the fear, I would have left much earlier and saved a lot of heartache. At first the signs are subtle, then a mack truck will come and hit you if you do not watch the signs.

Example 2

I have applied for 3 jobs at a certain agency and they have not responded to my resume or calls. Clearly they are not my job angels, however my other agency has already put forward 5 jobs in less than 1 week, so they are my job angels. I put my energy into them because I'm watching the universal signs.

## exploring every opportunity

example

If someone offers you something that is totally out your comfort zone or normal way, go for it. There will be something in it, you might meet someone else, you might learn something from that experience that you need for the next one. Each job I've had, has always given me the skills I need for the next job. So remember that everything you do may not seem relevant at the time, but trust me it will be for the future. If you find yourself in a place you don't want to be, simply ask "what is the opportunity here"? and allow it to present.

## asking for the invisible to present itself

example

Have you ever met someone, made an instant judgement, it's turned out to be completely incorrect and they've said something profound as if they are not talking to you, but the universe is talking thru them? Well it happens to me all the time, fortunately I now recognise it and every-time it happens I smile. It's those moments I really cherish how the universe works! Remember everyone has something to offer, don't be fooled by the external

## sharing your wants and dreams with others

example

The relationship recovery retreat that I'm creating is my passion. I've had so many relationships; I understand the pain of the breakup and now know the healing process. Basically I want to share the process with people to allow them to heal faster and easier. So I've designed a brochure and have started to ask people for their opinion. From that, I've had so many positive comments about the idea, that I'm even more inspired. People will tell other people and do word of mouth marketing for it..... If you share your dreams, people and the universe will help make them a reality.

## Following your intuition

The more you trust it, the stronger it gets. Do what you feel, follow the signs and feelings? I knew that we had to go the auction today, we didn't get the door from the auction but we did go to Bunnings and found the perfect door. So I knew we would find a door, we just had to follow the links.

## Overall

I'm sure many of you can relate to the above, I just wanted to give you some personal experiences from the last week or so.

There is true power in universal connection, it works with all the universal laws and the best thing is, it's free and totally up to you when and how you use it.

What I've learnt is **Control stops universal connection.**

## For you

Where could control be stopping your universal connection?

Where is fear preventing action?

## From me

I hope you have fun experimenting with this.

Much **love**, **hope** & **courage** to you...

Anjie



## For others;

You are most welcome to forward this email to a friend, parent, colleague, family member or anyone you think could do with a little insight

This journal is written with the intention to provide insight and knowledge and to help people develop themselves.

Thx  
Anjie

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