

what is meant For you won't go by you

A Solaz member emailed a personal story with me. At the very bottom of the email she wrote "what is meant for you won't go by you".

I've not heard this before and absolutely love it. I've written it on paper and stuck it up on my walls around the house. It reminds me of destiny, the path we are to walk and that whatever will be, will be.

Each person we meet has something to give or share with us. It can be a simple smile, a hello or it could be a life changing lesson. Whatever it is, simply honour it in that moment and allow it to be.



Whilst at the BMS Festival the whole theme seemed to be about "being in the now". This means that you are only focused on the actual moment. Not yesterday and tomorrow but the now. We cleared a lot of issues that people were carrying from the past and it was astounding how many of us are stuck in the past but don't realise it.

My experience

I like to live in the future; to me it's exciting, unknown and full of opportunity. I like to know what's coming so I can prepare for it. The only problem with this is there are minimal surprises and I tend to get very board when the future becomes today. I do my best to control it and what this has not allowed me to do is "be in the now". There are times when I've not trusted destiny and tried to control it.

Receiving this journal is reminder that it's important to live in the now and know that – whatever is meant for you won't go by you.

Whilst in Melbourne last week there were so many events and moments that occurred, the Solaz team were constantly amazed. We were given signs, signals and messages for 6 days straight. It was like all the pieces of the jigsaw puzzle just start presenting themselves and finding their own place in the puzzle.

The puzzle completed itself and all we did was go with the journey. We did not control, look into the future or the past. We were in each moment and it was the most wonderful 6 days I've had for quite a long time.

I continue to learn each day that the NOW is all that exists. Whilst I may see into the future due to my intuitive skills I am currently in a situation and am allowing it to work out AZ it should B! I am doing what I feel, saying what I want and being in the moment and allow the jigsaw to form itself.

I am allowing my footsteps to walk the path as it is presented. It's a totally different feeling that what I'm used to and I'm enjoying it. It has magic, beauty and delight. There is a sense of sacredness that I've not felt before.

I feel an internal peace an inner knowing and a trust of self and the universe. I am not stressed or analysing I am simply going with the flow. Below are some tips;

Tips

The flow – when things aren't flowing, take a few steps back - release your control and expectations, this will allow the natural universal rhythm to flow

Control – release control as this interferes with the process and tends to slow it down

Trust – know that whatever is meant for you won't go by you, even if it does the first time, remember – timing is everything

Jigsaw – look at it like a jigsaw puzzle all you need to do is put the border together and allow the pieces to find their way

Destiny – we all have a path to walk, so just walk it and experience all that you can.

The now – when you are in the now you should feel calm, happy and peaceful. Like an omni presence

Trust yourself, trust destiny and remember

what is meant for you won't go by you

Please pass this onto anyone who it may assist and encourage others to become a member of Solaz, for all knowledge is universal and belongs to everyone. Solaz grows as you grow...

with

Love & Light

Anjie

