

# How to survive the “change tornado”



Ever found yourself enjoying your life, everything is going well and then one morning you wake up only to find yourself amongst a tornado.

I call it the **tornado of change!**

It's when everything around you is turned about face, thrown all over the place and everywhere you turn the wind is blowing strong and constantly changing directions. You are unable to guide or steer it in any direction. You simply have to hand on and ride out the storm.



If you understand what I'm talking about, then keep reading, if not – file this away until the weather changes.

Just recently I found myself in the middle of a category 5 tornado. My relationship with my previous partner ended, the relationship with my father almost diminished – I was told to move out of home, my job was difficult and I found myself in the middle of heavy politics, I no longer had a car, somewhere to live and found myself in a tornado.

During the tornado I did everything I possible could to stay stable and balanced and if you have experienced a life tornado you will know this is extremely challenging and difficult to do.

So now that I've come out the other end I'd like to offer some suggestions and knowledge to help you deal with the “change tornado” should one come your way?

## Steps

1. Acknowledge you are in the middle of the “change tornado”.
2. Do not resist or fight the tornado – allow it to exist
3. Use the power of your mind to stay as calm as possible
4. Start looking at your life, in particular the changes you need to make
5. Implement goals and steps towards these changes
6. Commit to the changes and take action
7. Trust the process of the tornado – don't become fearful
8. Step outside yourself and watch the direction the tornado is guiding you to
9. Follow that direction and don't hesitate to end, let go or complete with anything that is no longer for your higher self or highest purpose
10. Tell your higher self you want the process to be completed with ease and grace
11. Be patient, trust, trust, trust

## When the tornado ends

You will awake from an overwhelming emotional state (like feeling frozen in time) to feel quite calm, at peace and somewhat renewed. The world will look different, you will feel different and the winds of change will be yours.

It will become very clear that the universe sent the “change tornado” to shake you up and move you, to where you should be.

Know that your life will be extremely different from this point on.

## My experience

I am now single and loving it. The universe provided me with a beautiful 2 storey house to live in (with pool, ocean & city views). The politics at work have finished and I am receiving positive feedback with all those I work with. I now have a brand new car - Mini cooper (which I've wanted since I was 16) and a new circle of friends.

I am a different person and I honour and value myself more – I do what is right for me and have been waking up each day with a spring in my step and am truly blown away with my life at the moment. Each day I'm still amazed how different my life is now compared with 3 months ago.

Apparently I channelled information 1 year ago that said "I would get a house next year, it would have an ocean view and you will see as far as you want".

The house does have a full city and ocean view, it also is on "Ocean View" Rd so it appears that not only was the channelling accurate but the tornado got me here.

## So remember this

Everything is always perfect and life is simply amazing - you don't need to control it, steer it or force anything.

Allow the weather to be the flow of your life and trust the universal process.

Kindest Regards  
Anjie



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